



CRB PROGRAM – LIVING GREEN TOGETHER™

LOOKBOOK

Committed to creating healthier and more sustainable apartment communities across Canada.

Together we can make a difference!



Conscious

LIVING BOX
GIVEAWAY



CRB Program launches Conscious-Living Box giveaway promoting environmental awareness & Living GREEN Together™ across Canada



Congratulations on winning your Conscious-Living Box! We are excited for you to learn more about these amazing Canadian companies and enjoy these wonderful products that have been specially curated for you. CRB Program strives to educate and promote environmental awareness within the apartment industry nation-wide.

The *Certified Rental Building™* program was designed to provide Canadian renters with the opportunity to easily identify well-run, professionally-managed, well-maintained apartment buildings and homes. We call it the “quality-assurance” advantage! Every *CRB-approved* apartment building must also demonstrate a commitment environmental policies and practices to receive the coveted *Living GREEN Together™* certification.

Our *Living GREEN Together™* program has introduced the special “Conscious-Living” Box giveaway as a reminder of living life with purpose and meaning. It’s about being aware of our lifestyle and our surroundings. When aligned with the CRB *Living GREEN Together™* program, it means that the decisions we make lead to improved wellness for ourselves, the betterment of our community as well as protect the environment around us.

CRB is proud to align with Canadian, eco-friendly, and sustainable companies to create a collection of special products that make up our unique “Conscious-Living” Box. These products demonstrate how to make better lifestyle choices.

We encourage you to learn more about the CRB Program at crbprogram.com as well as each of the amazing brands that are part of this amazing giveaway. We hope you enjoy each of the products included in your box!

The CRB Program would like to thank all of our participating sponsors that are listed below:

drizzle

eco+amour

ONEKA®

Happy.

KMH
TOUCHES

Pure
Anada

TRU EARTH

WALTON WOOD
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Harvest Happy

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Living GREEN Together™ Diversity Colouring Page

For general inquiries about CRB Program, visit crbprogram.org, or call Ted Whitehead, *Director of Certification* at 416-385-1100 x27.

This Conscious-Living Box LookBook is recyclable in communities with magazine recycling programs.




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MEET KIKI KHOSLA OUR CONSCIOUS-LIVING EXPERT

“For me, living green is about finding balance and being thoughtful in the choices I make, whether it's the products I use, the places I shop or the food I eat.”

 Follow @KikiKhosla on Instagram

TAKE A PE INSID

The Conscious-Living Box by the CRB Program™ is a special collection of Canadian-made, eco-friendly products that promote sustainability and healthier living. We encourage you to learn more about each of the 10 socially-conscious companies who have partnered with this exciting box. Every effort and conscious decision counts. We are excited for you to Live GREEN Together™ with us. We hope you enjoy each of the products included!



- ▲ Tru Earth — Eco-Strips Laundry Detergent
Help keep 700,000,000 plastic laundry detergent jugs out of landfills. Choose the smartest way to clean laundry. Protect our earth with Tru Earth's eco-friendly detergent sheets. No measuring - No mess. Clean, green, and simple!
tru.earth

Follow
[@CRBprogram](https://www.instagram.com/CRBprogram)
& post a pic or video of
what's inside your box!

 [#LOVECRB](https://www.instagram.com/LOVECRB)

EK E THE BOX



➤➤
Pure Anada — Wild Cherry Chapstick
Handcrafted in the Canadian prairies from fresh, wholesome ingredients - Apply to your lips and enjoy the moisturizing and lasting effects of natural oils and butters.

pureanada.ca



◀◀
Oneka Elements — Cedar & Sage Shampoo & Conditioner
Specially formulated to help revitalize your scalp naturally. Let the scent of the forest soothe your soul and amplify your senses. Specifically pH Balanced, Gluten-Free, Vegan, Biodegradable, Color safe, Cruelty-Free, Paraben and Sulfate-Free. Made in Canada.

onekaelements.com

▼▼
Flosspot™ — Silk Compostable Dental Floss
Refillable mini mason jar filled with a 40m spool of luxurious silk dental floss, lightly waxed for strength and ease of use between tight teeth, lab tested for purity. Finally a zero-waste floss that's good for your teeth, gums and the planet!

flosspot.com



➤➤
Walton Wood Farm — "Me" Time Hand Rescue
Hand cream with a moisturizing blend of Cocoa Butter, Shea Butter and Green Tea. Vegan, Cruelty-Free, Gluten-Free, SLS, Paraben, Phthalate, and Dye-Free, Thick, rich, never greasy.

waltonwoodfarm.com



▲▲
Zax's Original — Bug Bite & Itch Cream/Bruise Cream
Relieves pain and itching from bug bites and minor skin irritations. A soothing formula that reduces irritation and swelling from rashes, eczema, poison ivy, poison oak, poison sumac and bug or insect bites. Also, check out Zax's Original Bruise Cream - Ideal for those who have been injured or bruise easily.

zaxsoriginal.com





Happy Natural Products — Antibacterial Biodegradable Toothbrush

Made from plant-based discards salvaged from wheat production. Safe Activated charcoal is natural way to whiten teeth. It also helps prevent bad breath, cavities and gum disease. Our charcoal infused bristles are mess-free and without the harsh abrasion of powders. Biodegradable.

happynaturalproducts.com



Stoic Beauty — Harmonia | Calming Night Cream & Ataraxia | Face Oil for Sensitive Skin

Harness your skin's inner strength with this gentle and supportive face oil or silky smooth night cream. PEG-free, Artificial Fragrance

Free, Cruelty-free, No Petroleum or Petroleum By-products, Silicone-free.

stoic-beauty.ca



Eco + Amour — Hand Soap Refill

A super sudsy hand soap that's gentle on hands but tough on dirt. Packaged in a convenient 450ml refill pouch that makes filling your favourite hand soap container a breeze. When the pouch is empty, simply return it to eco+amour to refill, or receive a \$0.50 return deposit. Palm Free, Biodegradable, Plant-based and organic, Free of synthetic fragrance.

ecoandamour.com



Drizzle — White Raw Honey

Drizzle White is a light, delicate, raw honey, buttery in texture and perfectly paired with fresh flavours like fruit, lattes and warm bread.

drizzlehoney.com



Products included in the Conscious-Living Box may vary and are subject to change without notice. Products are based on availability. FRPO (Federation of Rental-housing Providers of Ontario) and CRB Program (Certified Rental Building™ Program) are in no way affiliated and will not be held responsible for any of the products or companies involved with the box.



Hint of Mint Iced Tea

- 2-1/2 cups water
- 6 English breakfast tea bags
- 6 cups cold water
- 1/2 cup granulated sugar
- fresh mint leaves
- 2 lemons

In a small saucepan, bring 2-1/2 cups water to a gentle boil. Add the tea bags, remove the saucepan from the heat, and cover. Steep for 15 minutes.

Remove the tea bags without squeezing them and pour the steeped tea into a heatproof container. Stir in the sugar to dissolve.

Add 6 cups cold water, 1 fresh squeezed lemon, mint leaves and stir.

Let cool at room temperature and then refrigerate until cold. Serve over ice, with lemon wedges!

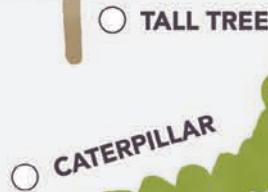
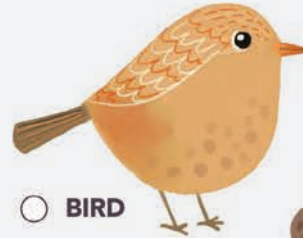
MINT TIP:

Mint is best grown in a pot outside of your home or on your apartment balcony. This wonderful herb adds a fruity, aromatic flavor to foods and tea – don't over steep or your tea will become bitter.

nature

SCAVENGER HUNT

Check off what you find on this sheet. Please leave what you have discovered where it is so the next person can find it too.



CAN YOU FIND SOMETHING WITH THIS

colour?



RED



GREEN



YELLOW



BLUE

LIVING GREEN TOGETHER™

